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Training Provider	Learn Skills	Assessment	Quizzes & Final Exam
Location	learnskills.org	Qualification	Certificate of Completion
Method	Asynchronous Self-paced	Eligibility	Open
Cost	50 EUR		

There are a number of historical, societal, and workplace factors that can cause employees to have difficulty maintaining balance in their lives. In this course, you will learn concrete ways to identify areas of imbalance in your work/personal life as well as "best practices" techniques to achieve more balance in life.



<http://learnskills.com/yca6>